

Hot

OR

Cold

SOME ESSENTIALS THAT WILL SUIT YOUR PREFERRED WEATHER EXTREME

Winter is an interesting season. Some travellers embrace the cold and snow, packing up their skis and snowboards, and heading to cosy accommodations like the Fairmont Le Château Montebello in Quebec. Others prefer to escape the cold and head somewhere warm, like Beach House in Turks and Caicos. We've gathered a few items that will suit whichever weather extreme you choose. — By Tara Nolan



**Fairmont Le Château Montebello**

Located in Quebec, this resort, the largest log cabin in the world, offers a multitude of winter activities, from curling and dog sledding to cross-country skiing and skating. Relax by the enormous fireplace in the lobby with a hot chocolate after your outdoor adventures. There is also a relaxing spa with views of the lake.

[fairmont.com/montebello](http://fairmont.com/montebello)



Keep those ears warm with a stylish toque. This one, made from wool and acrylic, is handknit in Stratford, Ontario, and features a detachable vintage fur pom-pom. Knit toque from [Headmistress](http://Headmistress.com) ([loveheadmistress.com](http://loveheadmistress.com)) \$79



Though you might not want to wear them while trudging through the snow for a few hours, these waterproof boots are great for running errands. They're also chic enough to wear to dinner when heels are out of the question.

Pearl tall boot from [Bogs](http://Bogs.com) ([bogsfootwear.ca](http://bogsfootwear.ca)) \$200



Wrap yourself in a luxurious scarf that you can wear both indoors and out to protect your neck and chest from chilly drafts. Scotland Plaid Wrap from [Indigo](http://Indigo.com) ([chapters.indigo.ca](http://chapters.indigo.ca)) \$50



Bundle up in a comfy, waterproof parka. Canadian company Quartz Nature fabricates coats in a variety of colours with options for real or synthetic fur around the hood. Charlotte parka with synthetic fur from [Quartz Nature](http://QuartzNature.com) ([shop.quartznature.com](http://shop.quartznature.com)) \$629



Soak up the sun in a classic bikini that will look sophisticated whether you're SUPing or sitting on the beach. Bandeau top and high-waist bottoms from **La Vie en Rose Aqua** ([lavieenrose.com](http://lavieenrose.com)) \$39.95 each



Pull on this lightweight cover-up before heading to grab lunch at the resort restaurant or up to the bar for another slushy drink! Fiesta cover-up from **Lolë** ([lolewomen.com/ca/en](http://lolewomen.com/ca/en)) \$50

Protect your pedi by wearing these bright flip flops on the beach and around the resort. Thin printed flip flop from **Tory Burch** ([toryburch.com](http://toryburch.com)) \$50



Protect your skin from those welcome, yet damaging rays with a skincare product made from natural ingredients. Sun Cream SPF30 from **Graydon** ([oneofakindonlineshop.com](http://oneofakindonlineshop.com)) \$24



Keep the sun off your face with a trendy hat that you can even throw on before you board the plane to head south! SELENA hat from **Lolë** ([lolewomen.com/ca/en](http://lolewomen.com/ca/en)) \$25



**Beach House**

This boutique resort in Turks and Caicos only has 21 suites, many of them overlooking white sand dunes and the ocean beyond. The spa offers al fresco treatments so you don't have to waste precious sun time indoors.

[beachhousetci.com](http://beachhousetci.com)

Taking a vacation was chosen as the number one experience for generating happiness, according to a recent vacation deprivation survey from [Expedia.ca](http://Expedia.ca). At 48 per cent, going away rated far higher than finding money (16 per cent), getting a tax refund (13 per cent), being told you look younger than you are (8 per cent) or even celebrating your birthday (7 per cent).